



NEWSLETTER 2018 OCTOBER

Scarecrow Ball

This year we decided to celebrate harvest festival by having a Scarecrow Ball.... Everyone made a great effort as you can see from the fab photos. We had entertainment from Claire (Musica) who provided us with a workshop which was fun filled and kept us all moving and singing throughout the afternoon. All the residents also enjoyed the mini cheeses & drinks throughout the afternoon.



Katherine & Griffiths House Scarecrow Staff



Gillian the Scarecrow with Jean & Elfriede



Elfriede looking at her new friend amusingly!



Amanda looking as though she has just had a fight with the cardboard scarecrow behind her.....

We have been busy bees throughout the whole of October providing everyone with daily activities, either in groups during the afternoons or seeing people on a one to one basis every morning.

We are also very lucky to have a group of volunteers....

Simon and Christine who run the shared reading every three out of four Mondays of the month. This is a very popular session where everyone gets time to explore the chosen story in more details and if we have time to also fit in a poem.

Lindsey from RSVP is continuing to provide Griffiths House with a music-based session every Thursday.

Our great Pets as Therapy ladies with Otis & Samba are always around once a week.

We also have had Bristol Free School come along on Tuesday afternoons to mingle with the residents of both homes.

Trip with Griffiths House to the Botanical Gardens



Lucy & Abi Sweet (Project Officer for Alive & Growing Support)

Abi had been providing us with fortnightly gardening sessions and helping us to run them, so we are now able to hold our own nature-based sessions. As a thankyou we invited Abi & Guy (Gardening Volunteer) to our Halloween party where we presented her with a nice plant and a bottle of wine, plus a card signed from all the residents.



Guy (one of our Gardening volunteers) with Irene & Taylor



We joined Stoke Leigh care home for this trip to the Botanical gardens. The residents from Griffiths House have made some great friends from Stoke Leigh and the plan is to keep in touch by writing letters to one another as well as regular visits.



All of us on a ramble through the gardens

Halloween Fun.....



Halloween Bingo..... we all picked a hat and played bingo with a Halloween theme.



Irene wearing her wings...



Doug the Wizard....



The mummies are in town..... Irene feeling a little wrapped up!!

Christmas is fast approaching, and we are looking for donations for our Christmas Raffle, please see the Wellbeing Team if you can help.

Also if you have any unwanted Christmas decorations, please bring them in as we have plenty of places to decorate.

A big welcome to our new residents & families, please do let us know if there is anything we can help with.

Many Thanks

The Wellbeing Team

Amanda, Annie & Sabina