



APRIL 2017 NEWSLETTER

Welcome to your monthly newsletter.



Griffiths House residents have been busy planting tomato seeds and tomato plants, they have been watering them regularly and we are looking forward to eating some home grown tomatoes in the future.



Bristol Free School have been continuing to come to us on a weekly basis and join in with an activity from using the IPADS to making items. We always look forward to them coming to see us for a chat and a catch up.

We raised £101 from the Easter Raffle, so thank you to everyone who helped by buying tickets or supplying the items. We are all very grateful to everyone and all money raised goes into the resident's amenities funds for any future items for the home or activities.

Poetry

Our very popular David Collins is paying us on Tuesday 16th May, if anyone would like to write poems or have a favourite poem they would like to share, please bring it with you. Family and friends who enjoy poetry are more than welcome to join us for the afternoon.



Easter Fun

We had great fun painting hard boiled eggs on one of our weekend activities, we had some very creative eggs that were on display for a short period of time.

Plus we had an Easter Party with singing and lots of fun on one of the afternoons leading up to Easter.

The Easter Bunny was very busy on Easter Sunday and delivered a chocolate egg to every resident. I've seen the empty boxes and screwed up foil as proof that they have been eaten and enjoyed no doubt.



Our Saturday mornings 'Share a Sherry' are still continuing to be a huge success, so thank you to you all for coming along.



G-Fitness have been continuing with the exercise classes as well and the activity teams providing exercise in both homes. The sessions are very popular and everyone always mentions how good he or she feels afterwards.



Grab Some Fresh Air – we are taking you outside – we are going to start a weekly outside group (weather permitting) this will be where we spend the day taking residents out to enjoy the great outdoors. So grab something comfortable and your sun hats. In the event of rain we will be inside providing you with an exercise class.

*Thank
you* 

Just a mention to one of our resident's family members for supplying us with a very large supply of coloured paper and card, this is marvellous for our weekly Crafty Club sessions.
Thank You!!

Another thank you to another one of our resident's family members who came along with his group of singers – called the Mosaic Singers. There were 8 people in total with instruments, voices and our Piano. Everyone said this was a great way to spend Saturday afternoon. Thank You!!

Coming Soon - Glastonbury Summer Fayre on the 23rd June 2017.

(we are still looking for home made items or any items we could use for our tombola.

From the Activities Team

Amanda, Elyse & Rachel