



NEWSLETTER 2018



Caught on camera – Colleen and Jean dancing in the lounge together during one of our afternoon activity sessions. What lovely moves ladies!!



Our first session with Growing Support and Bristol Free School started off with flying colours; everyone introduced themselves to one another and we

began our activity together. This month we have been learning how to willow Weave, how long were those willows!! I spent most of the afternoon avoiding the willow because everyone was concentrating so much with the end they were working on, they all forgot about the other end that was either up in the air or down on the floor. The end result looked great and everyone was pleased with what they had created.



Thanks to Bill, a resident at Katherine House, for asking his friends Storm Force 10 to come along again and sing sea shanties to us all. The songs are very catchy and I am still singing to this day. Everyone had a great time and we all had some song sheets so we could join in with the chorus for most of the songs.

Thanks to everyone who has brought eggs from Katherine House reception. All money made will go back into helping with the upkeep of the Hens. (30p per egg or £1.80 for six)



Every resident received a little valentine's gift made for them by the activities team, we had lots of lovely compliments – glad you liked them.

Our lovely guitarist Damien came in to entertain us, we all really enjoyed his performance and we saw you all singing along and tapping your feet.



Katherine House & Griffiths House 2018 Winter Olympics

We also held our own version of the winter Olympics in the dining room. Wow you all really surprised us with your sporting talents.... Myself and Annie really enjoyed this event and we will be doing another one in the future.



Caught on Camera – Jean and Elfiende working together to work out the answers of a quiz afternoon.

We have said goodbye to Rachel who was unable to continue with her activities role due to other work commitments. However, we are currently interviewing for a new activities assistant. Watch this space!

Thank you for reading and if you know anyone who would like to come in and either entertain us or share something of interest, please do let us know.



Amanda & Annie

Activities Team